

#11

COMPLETE

Collector: Web Link 1 (Web Link)
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Page 2: Overview

Q1 NAC country:

Turkey

Q2 Date of submission of this report: Date / Time **17/02/2019**

Q3 Date of approval (or re-approval of NAC by EAC):

02/19/2018

Q4 Latest previous update of this overview: Date / Time **17/02/2019**

Q5 Website address of the NAC with documentation on EuroPsy:

<https://www.psikolog.org.tr/index.php?Kurullar=13&Uyeler=1&sayfa=2>

Q6 Name of NAC contact person:

Yasemin Kahya

Q7 Email address of NAC contact person:

europsy@psikolog.org.tr

Q8 Name and email-address of the person filling in this form:

Name	Yasemin Kahya
Email-address	europsy@psikolog.org.tr

Page 3: Composition and operation of NAC

Q9 Number of members in the NAC:

5

Q10 Frequency and dates of meetings:

Once in this year/29.10.2018

Q11 Please check whether the names of the NAC members mentioned on the following page are correct:
<http://www.europsy.eu/national-awarding-committees-nacs>

The names mentioned on the website are correct

Q12 Total number of EuroPsy certificates issued that are listed in the Register:

53

Q13 Number of new certificates issued in 2018:

3

Q14 Number of revalidated certificates:

-

Page 4: National requirements

Q15 Psychology education

Information on website is correct

Q16 Programmes that meet EuroPsy requirements

Information on website is correct

Q17 Supervised practice arrangements (for the EuroPsy certificate)

Information on website is correct

Q18 Arrangements for training of supervisors

Information on website is correct

Q19 Recognition of title

Information on website is correct

Q20 Licence to practice

Information on website is correct

Q21 Continuing Professional Development (CPD)

Information on website is correct

Q22 Please describe the main activities undertaken during the past year to promote and develop the EuroPsy (e.g. website, developing training of supervisors, listing accredited programmes, working on ECTS equivalence, etc.)

Turkish Psychological Association (TPA) organized "20th National Psychology Congress" in 2018. This congress was used for dissemination of national EuroPsy to be able to get more applications. There were various workshops, presentations and keynote speakers in the congress, providing a chance to support CPD, which constitute an indirect way of supporting national psychology professionals to meet EuroPsy standards.

TPA also arranged other professional activities such as seminars and trainings in 2018 so that more potential psychologists would increase their eligibility for a basic EuroPsy certificate.

TPA also worked on collecting and analyzing qualitative data from psychologists to present a report to Ministry of Health in 2018. The purpose of this report was to protect the title of clinical psychologist in terms of minimum criteria defined in EuroPsy regulations.

Q23 Please state here your plans for further development of EuroPsy in the coming year (e.g. development of website, training of supervisors, dissemination and publicity, marketing etc.)

TPD organizes Işık Savaşır Clinical Psychology Symposium biannually. Upcoming symposium will be an opportunity to share information about EuroPsy to get new applications.

The necessity of registering a new EuroPsy domain was shared with administrators of Turkish Psychological Association. Registering a national EuroPsy domain will be on 2019 agenda.

Q24 How frequent contact have you had with your EAC contact person? Would you welcome more contact?

EAC contact person is available in cases of need for contact.

#2

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, February 21, 2019 10:11:09 PM
Last Modified: Tuesday, February 26, 2019 12:25:26 PM
Time Spent: Over a day
IP Address: 156.111.216.104

Page 2: Overview

Q1 S-NAC Psychotherapy country:

Turkey

Q2 Date of submission of this report: Date / Time **21/02/2019**

Q3 Date of approval (or re-approval of S-NAC Pt by S-EAC):

01/18/2018

Q4 Latest previous update of this overview: Date / Time **21/02/2019**

Q5 Website address of the S-NAC in Psychotherapy with documentation on EuroPsy:

<https://www.psikolog.org.tr/index.php?Kurullar=13&Uyeler=1&sayfa=2>

Q6 Name of S-NAC Pt contact person:

Yasemin Kahya

Q7 Email address of S-NAC Pt contact person:

europsy@psikolog.org

Q8 Name and email-address of the person filling in this form:

Name	Yasemin Kahya
Email-address	europsy@psikolog.org

Page 3: Composition and operation of S-NAC in Psychotherapy

Q9 Number of members in the S-NAC in Psychotherapy:

5

Q10 Frequency and dates of meetings:

Once in this year/10/29/2018

Q11 Please check whether the names of the S-NAC in Psychotherapy members mentioned on the following page are correct: <http://www.europsy.eu/specialist-national-awarding-committees-psychotherapy><http://www.europsy.eu/specialist-national-awarding-committees-psychotherapy>

The names mentioned on the website are correct

Q12 Total number of EuroPsy certificates issued that are listed in the Register:

17

Q13 Number of new certificates issued in 2018:

-

Q14 Number of revalidated certificates:

-

Page 4: National requirements

Q15 Education programmes in Psychotherapy

Turkish Psychological Association has been giving accreditation to Psychology programs of various national universities in Turkey. Some of these psychology departments have also Master and/or Doctorate programs in clinical Psychology/Applied Psychology. The duration of a clinical psychology MA/MS program is 2-years at minimum. The first year of a typical Master program in clinical psychology in Turkey covers the basic courses on adult and child psychopathology, clinical interview and assessment, theoretical background about psychotherapy schools etc. The supervision and thesis constituted the second year of the clinical psychology master programs. Doctorate programs in clinical psychology last for 4-years at minimum. During the first two years, some necessary courses on ethics in clinical psychology, statistics, advanced child and adult psychopathology, advanced supervision in adult or child psychopathology were taken. Doctorate programs show variation in the weight given to child or adult psychotherapy education. In the last semester of first two year, course on doctoral qualification examination is taken and also most of Doctorate programs give a chance for an internship period. Following, doctoral qualification examination exam is passed, two-year thesis period begins. This is the basic structure of MA/MS and PhD education programs in Psychotherapy in Turkey.

Q16 List of programmes that meet EuroPsy requirements for the Specialist Certificate in Psychotherapy

There are some grounded master and doctorate clinical psychology programs in Turkey. Fortunately, they are all active and, in every academic year, new candidates are accepted continuously. However, neither a master nor a doctorate degree is currently enough to apply for the Specialist Certificate in Psychotherapy. If the applicant has only a MA/MS degree in clinical psychology comprising one year supervised practice, this will be enough to apply for a EuroPsy Basic Certificate. Doctorate degree in clinical psychology can either support EuroPsy Basic Certificate or the Specialist Certificate in Psychotherapy application process. It depends on the background of the applicants. It is certain that neither a master nor a doctorate degree in clinical psychology is enough to apply for the Specialist Certificate in Psychotherapy. Candidates should meet some additional criteria. These criteria are 400-hour education in theory, therapeutic methods and techniques; 150-hour supervision; 500-hour practice under supervision (meaning to follow at least 10 cases with the same supervisor); 100-hour professional development. Candidates need some other independent experience with or without a 4-year PhD program in clinical psychology. Several international certification-training programs are also being held regularly on mainstream approaches (e.g. Psychoanalysis, Gestalt, Cognitive Behavioural, Schema, Transactional, Dialectical Behavioural Therapies, Psychodrama etc.). There are also group-couple-family therapy based programs. These international certification programs are conducted by internationally certified psychotherapists, trainers and supervisors.

The list of Accredited Undergraduate and Master Programs in Clinical Psychology is presented below (although having degrees from these programs are not adequate to apply for the Specialist Certificate in Psychotherapy).

Ankara University Bachelor's and Master's Degrees in Psych
Başkent University Bachelor's and Master's Degrees in Psych
Boğaziçi University Bachelor's and Master's Degrees in Psych
Doğu Akdeniz University Bachelor's and Master's Degrees in Psych
(English Psychology Program)
Ege University Bachelor's and Master's Degrees in Psych
Hacettepe University Bachelor's and Master's Degrees in Psych
İstanbul University Bachelor's and Master's Degrees in Psych
İstanbul Bilgi University Bachelor's and Master's Degrees in Psych
Koç University Bachelor's and Master's Degrees in Psych
Middle East Technical Univ. Bachelor's and Master's Degrees in Psych
Özyeğin University Bachelor's and Master's Degrees in Psych

Q17 Supervised practice arrangements

In Turkey, accredited undergraduate and graduate programs are congruent with EuroPsy terms and regulations. In the accredited clinical psychology programs, supervision starts following the first year of the master program, conducted by a faculty member who has either a PhD in clinical psychology or a master degree and at least a total of 10 years of experience in the psychotherapy field. The supervision has to take place for at least one academic year and be conducted with only one student or with groups of two to three students, but must involve one hour per student each week. Students can also complete the supervised practice after graduation. For example, Prof. Dr. Gonca Soygüt Pekak (EFPA SEAC) implements an example of giving supervision additional to or independent from academic degree programs in clinical psychology, which is certified by International Society of Schema Therapy. Applicants' supervised practice experiences are evaluated by standardized supervisor forms compatible with EuroPsy.

Q18 Arrangements for training of supervisors

i. Arrangements offered by universities:

In some of PhD programs, “supervision” is a must course. It covers theoretical and practical issues about supervision and guidelines of how to supervise. Although it is not common in PhD programs, PhD students can find a chance to give supervision as part of their Doctorate education in clinical psychology.

ii. Arrangements offered by TPA:

-NAC & S-NAC have evaluated supervisor candidates in line with the EFPA Regulations on EuroPsy. We invite applicants' supervisors who are not on our approved supervisor list and who meet criteria to be a supervisor. This increases approved supervisor number for future applicants. As a further procedure, supervisors eligible in terms of their CVs are sent an e-mail for encouraging them to start their EuroPsy certification process and then, they are asked whether they want to be on the recognized and announced supervisor list.

Q19 Recognition of title

The field of clinical psychology was legally recognized in 2011 within the scope of umbrella law on health professions in Turkey. Currently, Turkish Psychological Association has been working on National Mental Draft Bill in the commission in Turkish Parliament for the revised definitions of clinical psychologist and relevant regulations.

Q20 Licence to practice

Not-applicable

Q21 Continuing Professional Development (CPD)

CPD activities have been arranged in collaboration with Turkish Psychological Association (TPA). TPA biannually organizes national congress and clinical psychology symposia and invites national and international specialists to hold workshops and conferences. Most of the universities also have grants to invite specialists and they use this opportunity in a fruitful way. Additionally, there are also training programs regularly held by TPA members who are internationally certified, e.g. psychoanalysis, Gestalt, CBT, Schema Therapy. In scope of those programs congresses and professional meetings, workshops are regularly organized. Besides, faculty and/or staff members of many graduate clinical psychology programs organize informal meetings to further improve the supervision related competencies of their former graduates.

Q22 Please describe the main activities undertaken during the past year to promote and develop the Specialist Certificate (e.g. website, developing training of supervisors, listing accredited programmes, working on ECTS equivalence, etc.)

Registering a new EuroPsy domain is under preparation.

A new book helpful for therapists and supervisors was published by TPA.

Book Reference:

Gülüm V. & Soygüt G (2018). On Becoming an Effective Psychotherapist: Clinical illustrations on therapeutic alliance and rupture repairment based interventions.

Q23 Please describe the plans for further development of the S-NAC in the coming year (e.g. website, developing training of supervisors, listing accredited programmes, working on ECTS equivalence, etc.)

The importance of EuroPsy will be emphasized at universities and organizations of TPA. Website will be kept updated to make the application process easier and user friendly. Members will also be encouraged to attend to CPD organizations with announcements on TPA website. A symposium organized by TPA-Işık Savaşır Clinical Psychology Symposium-will be held in May 2019. In this symposium, new applicants for Specialist Certificate in Psychotherapy will be called for.
