

# #18

**COMPLETE**

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Page 2: Section A Overview:

**Q1**

1. NAC country:

Turkey

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**Q2**

Date / Time

**06/03/2021**

2. Date of submission of this report:

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**Q3**

3. Date of approval (or re-approval of NAC by EAC):

19.02.2018

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**Q4**

4. Website address of the NAC with documentation on EuroPsy:

<https://www.psikolog.org.tr/tr/kurumsal/europsy-x328>

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**Q5**

5. Name of NAC contact person:

Nuray Mustafaoğlu Çiçek

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**Q6**

6. Email address of NAC contact person:

[europsy@psikolog.org.tr](mailto:europsy@psikolog.org.tr)

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**Q7**

7. Name and email-address of the person filling in this form:

Name **Nuray Mustafaoğlu Çiçek, Elif Barışkın**  
Email-address **europsy@psikolog.org.tr**

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Page 3: Section B: Composition and operation of the NAC

**Q8**

1. Number of members in the NAC:

53

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**Q9**

2. Frequency of meetings (e.g. once a month, 6 times a year):

2 / 29.07.2020; 05.09.2020

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**Q10**

**The names mentioned on the website are correct**

3. Please check whether the names of the NAC members mentioned on the following page are correct:  
<http://www.europsy.eu/national-awarding-committees-nacs>

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**Q11**

4. Total number of EuroPsy certificates issued that are listed in the Register:

53

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**Q12**

5. Number of new certificates issued in 2020:

0

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**Q13**

6. Number of revalidated certificates:

0

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Page 4: Section C: National requirements

<b>Q14</b>	<b>Yes</b>
PSYCHOLOGY IN EDUCATION1a. The national requirements in psychology education meet the EuroPsy requirements	
<b>Q15</b>	<b>Yes</b>
1b. The information on website is correct	
<b>Q16</b>	<b>Yes</b>
PROGRAMMES THAT MEET EuroPsy REQUIREMENTS2. The information on website is correct	
<b>Q17</b>	<b>Yes</b>
SUPERVISED PRACTICE ARRANGEMENTS (for the EuroPsy certificate)3a. The supervised practice arrangements meet the EuroPsy requirements	
<b>Q18</b>	<b>Yes</b>
3b. The information on website is correct	
<b>Q19</b>	
ARRANGEMENTS FOR TRAINING OF SUPERVISORS4a. Supervisor's practice and training (please ensure that total does not exceed 100%)	
what percentage of supervisors are at level 1	<b>We should check it.</b>
<b>Q20</b>	<b>Yes</b>
4b. The information on the website is correct	
<b>Q21</b>	<b>Yes</b>
RECOGNITION OF TITLE5. The information on website is correct	
<b>Q22</b>	<b>Yes</b>
LICENCE TO PRACTICE6. The information on website is correct	

**Q23**

**Yes**

CONTINUING PROFESSIONAL DEVELOPMENT  
(CPD)7a. The national requirements for CPD meet the  
EuroPsy requirements

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**Q24**

**Yes**

7b. The information on website is correct

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Page 5: Section D: Activities of the NAC

## Q25

1. Please describe the main activities undertaken during the past year to promote and develop the EuroPsy (e.g. website, developing training of supervisors, listing accredited programmes, working on ECTS equivalence, etc.)

Accreditation activities of TPA continued and Ufuk University and Acıbadem Mehmet Ali Aydınlar University departments of psychology was accredited by TPA.

TPA Accreditation Supreme Board Chairman Prof. Dr. Ayşegül Durak Batıgün and Accreditation Supreme Board Member Aras Onur organized an Accreditation Application Process Information Meeting on 23.11.2020 with the representatives of the institutions to share information on the operation of the accreditation process. In addition, the officials of the programs that applied for accreditation within the scope of the first and second term applications of 2020 came together at the meeting held on 04.11.2020 via video conference.

TPD applied to Turkish Higher Education Center for diploma registration for psychologists who have suffered some loss of rights or victimization, since their diplomas contain the expression "applied psychology" instead of "clinical psychology", although they have completed their master's or doctoral programs in the field of clinical psychology. On the other hand, TPA made the complaint tracking forum more prominent on social media for administrative and judicial action to be taken against people who are not entitled to the title of "psychologist" or "clinical psychologist".

Istanbul University and Ankara University Open and Distance Education Faculties have been set up psychology program for 2020-2021 academic period. It is clear that these programs will reduce the quality of psychology undergraduate education in our country. Therefore, TPA has carried out administrative, legal, scientific and social process and the programs are prevented.

In My Shoes (IMS) trainings, organized in cooperation with the Turkish Psychologists Association and Child and Family Training (CFT), were hosted by the Turkish Psychologists Association in Ankara on February 22 and 24, 2020. Then, a video conference meeting was held with a total of six (6) participants between Child and Family Training (CFT) representatives and coordinators within the Turkish Psychological Association on May 29, 2020.

The Telepsychology Guide for Online Psychological Interventions and Applications has been prepared to be consulted by the relevant persons in order to regulate the use of technological tools in many applications related to the field of psychology, especially in psychological interviews and interventions. In the preparation of the guide, an original material was created by scanning the guides, educational materials and other resources published by professional organizations in the United States, England, Canada, Australia, New Zealand and some other European countries (e.g. American Psychological Association, Ohio Psychological Association, New Zealand Psychology Association, Idaho Psychological Association, Ontario Psychology Association, European Federation of Psychologists Associations).

According to the prevention of the corona virus viral infection (COVID-19) epidemic, the planning of activities such as training, seminars, meetings and meetings to be held at the Headquarters of the Turkish Psychological Association has been disrupted in 2020. On the TPA YouTube channel, meetings titled "Self-care during the epidemic process" for the general public and "Psychological interventions during the epidemic process" were held by the TPA president and experts. In addition, online communication was used more actively in this period. Informational online meetings and videos are shared on various topics at YouTube channel. The Trauma, Disaster and Crisis Unit of the Turkish Psychological Association prepared information sessions on Adolescent Mental Health in an Epidemic and the Changing Routines of Adolescents in Isolation. TPD Child and Adolescent Studies Unit has prepared informative content within the scope of Development of Children in Epidemic and Mental Health, and Parents' Guide on Distance Education Process.

**Q26**

2. Please state here your plans for further development of EuroPsy in the coming year (e.g. development of website, training of supervisors, dissemination and publicity, marketing etc.)

Turkish NAC's approval time is expired on March 2021. The establishment of a new board is in the first place in our list of this year.

With returning to the natural flow of life after COVID-19, EuroPsy Promotion Days events can be organized for professional candidates by supervisors who have EuroPsy certificate with starting of face-to-face education of universities.

To increase the application rate, in addition to the dissemination, publicity and marketing, also the application fee will not change for this year and holders of expiring certificates will be reminded to renew.

Feedbacks will be received to better observe what EuroPsy has added to their lives and encourage them to apply for the upper certificate.

EuroPsy certified people will be invited to participate in other activities of the Turkish Psychological Association, such as accreditation, and will play quite significant role in the development of quality standards for education of psychology in Turkey.

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**Q27**

3. How frequent has your contact been with your EAC contact person? Would you welcome more contact?

The frequency of contacts depends on the need. EAC contact person is generally available and reachable.

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**Q28**

**Yes, the procedures adhere to the EuroPsy regulations**

4. Please confirm by ticking relevant box that your procedures this year are compliant with the EuroPsy Regulations:

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**Q29**

5. Please provide details of any challenges you have experienced with the EuroPsy regulations this year:

Meeting on the issue about removal of a psychologist from the EuroPsy register had done. EFPA had stated NAC can do ethics review for a therapist who has not been TPA member, had legal investigation in Turkey And also, an online meeting was held on October 28, 2020 with our chair of NAC and chair of European Awarding Committee. It was the case that our laws (personal data protection law) do not allow NAC to operate ethical codes about someone who is not a TPA member. Our law is in conflict with EuroPsy regulations in this issue.

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**Q30**

**No**

6. Please confirm by ticking this box that you are GDPR compliant:

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**Q31**

7. Please provide details of any changes you have made this year in order to meet the requirements of GDPR:

We should get more information about GBPR.

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#3

COMPLETE

**Collector:** Web Link 1 (Web Link)  
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Page 2: Overview

**Q1**

S-NAC Psychotherapy country:

Turkey

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**Q2**

Date / Time

06/03/2021

Date of submission of this report:

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**Q3**

Date of approval (or re-approval of S-NAC Pt by S-EAC):

18.01.2018

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**Q4**

Website address of the S-NAC in Psychotherapy with documentation on EuroPsy:

<https://www.psikolog.org.tr/tr/kurumsal/europsy-x328/>

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**Q5**

Name of S-NAC Pt contact person:

Nuray Mustafaoğlu Çiçek

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**Q6**

Email address of S-NAC Pt contact person:

europsy@psikolog.org.tr

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**Q7**

Name and email-address of the person filling in this form:

Name **Nuray Mustafaoğlu Çiçek, Mehmet Eskin**  
Email-address **europsy@psikolog.org.tr**

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Page 3: Composition and operation of S-NAC in Psychotherapy

**Q8**

Number of members in the S-NAC in Psychotherapy:

5

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**Q9**

Frequency and dates of meetings:

None. Due to pandemic.

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**Q10**

**The names mentioned on the website are correct**

Please check whether the names of the S-NAC in Psychotherapy members mentioned on the following page are correct: <http://www.europsy.eu/specialist-national-awarding-committees-psychotherapy>  
<http://www.europsy.eu/specialist-national-awarding-committees-psychotherapy>

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**Q11**

Total number of EuroPsy certificates issued that are listed in the Register:

17

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**Q12**

Number of new certificates issued in 2020:

0

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**Q13**

Number of revalidated certificates:

0

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Page 4: National requirements



## Q14

### Education programmes in Psychotherapy

Turkish Psychological Association has been giving accreditation to Psychology programs of various national universities in Turkey. Some of these psychology departments have also Master and/or Doctorate programs in clinical Psychology/Applied Psychology. The duration of a clinical psychology MA/MS program is 2-years at minimum. The first year of a typical Master program in clinical psychology in Turkey covers the basic courses on adult and child psychopathology, clinical interview and assessment, theoretical background about psychotherapy schools etc. The supervision and thesis constituted the second year of the clinical psychology master programs.

Doctorate programs in clinical psychology last for 4-years at minimum. During the first two years, some necessary courses on ethics in clinical psychology, statistics, advanced child and adult psychopathology, advanced supervision in adult or child psychopathology were taken. Doctorate programs show variation in the weight given to child or adult psychotherapy education. In the last semester of first two year, course on doctoral qualification examination is taken and also most of Doctorate programs give a chance for an internship period. Following, doctoral qualification examination exam is passed, two-year thesis period begins. This is the basic structure of MA/MS and PhD education programs in Psychotherapy in Turkey.

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**Q15****List of programmes that meet EuroPsy requirements for the Specialist Certificate in Psychotherapy**

There are some grounded master and doctorate clinical psychology programs in Turkey. Fortunately, they are all active and, in every academic year, new candidates are accepted continuously. However, neither a master nor a doctorate degree is currently enough to apply for the Specialist Certificate in Psychotherapy. If the applicant has only a MA/MS degree in clinical psychology comprising one year supervised practice, this will be enough to apply for a EuroPsy Basic Certificate. Doctorate degree in clinical psychology can either support EuroPsy Basic Certificate or the Specialist Certificate in Psychotherapy application process. It depends on the background of the applicants. It is certain that neither a master nor a doctorate degree in clinical psychology is enough to apply for the Specialist Certificate in Psychotherapy. Candidates should meet some additional criteria. These criteria are 400-hour education in theory, therapeutic methods and techniques; 150-hour supervision; 500-hour practice under supervision (meaning to follow at least 10 cases with the same supervisor); 100-hour professional development. Candidates need some other independent experience with or without a 4-year PhD program in clinical psychology. Several international certification-training programs are also being held regularly on mainstream approaches (e.g. Psychoanalysis, Gestalt, Cognitive Behavioural, Schema, Transactional, Dialectical Behavioural Therapies, Psychodrama etc.). There are also group-couple-family therapy based programs. These international certification programs are conducted by internationally certified psychotherapists, trainers and supervisors.

The list of Accredited Undergraduate and Master Programs in Clinical Psychology is presented below (although having degrees from these programs are not adequate to apply for the Specialist Certificate in Psychotherapy).

Ankara University Bachelor's and Master's Degrees in Psych  
 Başkent University Bachelor's and Master's Degrees in Psych  
 Boğaziçi University Bachelor's and Master's Degrees in Psych  
 Doğu Akdeniz University Bachelor's and Master's Degrees in Psych  
 (English Psychology Program)  
 Ege University Bachelor's and Master's Degrees in Psych  
 Hacettepe University Bachelor's and Master's Degrees in Psych  
 İstanbul University Bachelor's and Master's Degrees in Psych  
 İstanbul Bilgi University Bachelor's and Master's Degrees in Psych  
 Koç University Bachelor's and Master's Degrees in Psych  
 Middle East Technical Univ. Bachelor's and Master's Degrees in Psych  
 Özyeğin University Bachelor's and Master's Degrees in Psych.

**Q16****Supervised practice arrangements**

In Turkey, accredited undergraduate and graduate programs are congruent with EuroPsy terms and regulations. In the accredited clinical psychology programs, supervision starts following the first year of the master program, conducted by a faculty member who has either a PhD in clinical psychology or a master degree and at least a total of 10 years of experience in the psychotherapy field. The supervision has to take place for at least one academic year and be conducted with only one student or with groups of two to three students, but must involve one hour per student each week. Students can also complete the supervised practice after graduation. For example, Prof. Dr. Gonca Soygüt Pekak (EFPA SEAC) implements an example of giving supervision additional to or independent from academic degree programs in clinical psychology, which is certified by International Society of Schema Therapy. Applicants' supervised practice experiences are evaluated by standardized supervisor forms compatible with EuroPsy.

## Q17

### Arrangements for training of supervisors

#### i. Arrangements offered by universities:

In some of PhD programs, "supervision" is a must course. It covers theoretical and practical issues about supervision and guidelines of how to supervise. Although it so not common in PhD programs, PhD students can find a chance to give supervision as part of their Doctorate education in clinical psychology.

#### ii. Arrangements offered by TPA:

-NAC & S-NAC have evaluated supervisor candidates in line with the EFPA Regulations on EuroPsy. We invite applicants' supervisors who are not on our approved supervisor list and who meet criteria to be a supervisor. This increases approved supervisor number for future applicants. As a further procedure, supervisors eligible in terms of their CVs are sent an e-mail for encouraging them to start their EuroPsy certification process and then, they are asked whether they want to be on the recognized and announced supervisor list.

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## Q18

### Recognition of title

The field of clinical psychology was legally recognized in 2011 within the scope of umbrella law on health professions in Turkey. Currently, Turkish Psychological Association has been working on National Mental Draft Bill in the commission in Turkish Parliament for the revised definitions of clinical psychologist and relevant regulations.

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## Q19

### Licence to practice

Not-applicable.

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## Q20

### Continuing Professional Development (CPD)

CPD activities have been arranged in collaboration with Turkish Psychological Association (TPA). TPA biannually organizes national congress and clinical psychology symposia and invites national and international specialists to hold workshops and conferences. Most of the universities also have grants to invite specialists and they use this opportunity in a fruitful way. Additionally, there are also training programs regularly held by TPA members who are internationally certified, e.g. psychoanalysis, Gestalt, CBT, Schema Therapy. In scope of those programs congresses and professional meetings, workshops are regularly organized. Besides, faculty and/or staff members of many graduate clinical psychology programs organize informal meetings to further improve the supervision related competencies of their former graduates.

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## Q21

Please describe the main activities undertaken during the past year to promote and develop the Specialist Certificate (e.g. website, developing training of supervisors, listing accredited programmes, working on ECTS equivalence, etc.)

No activity due to pandemic. Moreover, SNAC certification has not seen very attractive for the therapist working in the field since there was no applicable licence to practice in our country, unfortunately.

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**Q22**

Please describe the plans for further development of the S-NAC in the coming year (e.g. website, developing training of supervisors, listing accredited programmes, working on ECTS equivalence, etc.)

Along with the website which has been easier to use compared to last year, also more social media posts on EuroPsy will be shared with members of TPA via Facebook, Twitter, Instagram and YouTube.

With the summer period, it is planned to organize meetings for the activation of SNAC, to organize introductory meetings for the therapist working in the field via the instegram, and to organize long-term supervisor training within the TPA.

Furthermore, SNAC chairman Mehmet Eskin is in the process of writing a supervisor book for problem solving therapy.

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